

June, 2008

# e-News Mission

For Volunteers, Donors and Community Partners of the Border Sierra Region

## Update

## Celebrate, Remember, Fight Back

### Dear Friends:

This month, the American Cancer Society will join millions of Americans in celebrating cancer survivors as part of the 20<sup>th</sup> annual National Cancer Survivors Day®. In towns and cities across our country and our region, people will gather to celebrate survivorship and to renew their vows to fight on for equal access to care, and for better funding of research. National Cancer Survivors Day also coincides with the high point of our [Relay For Life®](#) season. Relay For Life is an excellent way for cancer survivors to celebrate, remember, and fight back against the disease that could have claimed their lives. If you have not yet visited your community Relay For Life sites, we urge you to do so.

Fathers Day gifts often include a nice shirt or tie; but June is also a time to talk to dads about getting a physical, and reminding them to talk to their doctor about a [prostate exam](#). While an exam may not be right for every dad, it never hurts to ask and it may well save someone's life. In California, about one in every seven men will develop prostate cancer. In fact, it is estimated that more than 22,000 men in California will be diagnosed with prostate cancer this year and almost 3,000 will die. So this Fathers Day please make point of talking to dad about staying healthy. And if anyone has questions about getting checked, they can visit [www.cancer.org](http://www.cancer.org) to learn more.



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