

Antelope Valley Union High School District

Individualized School Healthcare Plan – Severe Allergy and Epinephrine Injection

Student:	DOB:
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School employees with student assignments will recognize the signs of illness and initiate the following health plan.

Nursing Diagnosis:

- Risk for breathing cessation related to severe allergic reaction.

Student Health Goals:

- Can perform, or be assisted to perform, prevention techniques such as knowing allergy triggers and staying away from them.
- Maintains open airway with breathing rate, pattern and effort remaining normal.
- Receives appropriate and adequate interventions to maintain breathing and reduce or eliminate the body's allergic responses.
- Reports signs of illness and / or known need, if independently capable, for Epi-Pen to an adult who initiates emergency care.

Signs of illness	Interventions
<ul style="list-style-type: none"> • <i>Verbal report of ingestion or contact with _____</i> • Breathing problems • A drop in blood pressure suspected by dizziness, racing pulse, pale skin in response to bite, sting, ingesting or being exposed to allergen • Itchiness with hives, redness or irritability • Unconsciousness as a result of bite, sting, food ingestion or chemical exposure • <i>Allergic reactions usually begin within 15 minutes and immediate and appropriate treatment is required to prevent complications.</i> 	<ul style="list-style-type: none"> <input type="checkbox"/> Do not move victim because increased circulation of venom or chemical may intensify symptoms <input type="checkbox"/> Remain calm and reduce anxiety for all <input type="checkbox"/> Immediately contact Switchboard to retrieve the Epi-Pen from there <input type="checkbox"/> Give injection immediately and without delay because the body is already reacting even when there are few clear signs. <input type="checkbox"/> Maintain an open airway and keep victim warm to maintain body's function during shock

- Do NOT wait to give the injection until there are symptoms, it may be too late.
- Do NOT push, pinch, squeeze or further imbed the stinger into the skin because this causes the venom to be injected into the victim. Wait for EMS.

Call 9-1-1 when:

- **Student reports a bite, sting, ingestion or chemical exposure**
- **Student has received an injection or should receive one due to above symptoms, but has no medication available at school**

Schedule	Care Required	Location for Care	Care Given by	Training date
As needed	Epi-Pen Injection	Student Location	Paraeducators Health Office Technician	Annually
As needed	Emergency care	Student Location	All adults with current CPR and first aid	Variable

Date / Copy of ISHP Given

Date: Student Student's Parents	Date: Health Office Technician District Nurse	Date:
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Parent Signature _____ Date _____

District Nurse Signature _____ Date _____