Antelope Valley Union High School District
EpiPen and EpiPen Jr. Epinephrine Injection Device

1. Pull off gray activation cap.

2. Grasp the EpiPen in the fist, but DO NOT cover either end with your thumb.

3. Place the black tip on the outer thigh.
   Always inject into the thigh, nowhere else.
   It is okay to go through clothes, even jeans, in the emergency.

4. Push (jab, using a dart-type motion) the EpiPen quickly and firmly into the thigh until it activates and keep it in place while counting to 10.

5. Remove and discard the EpiPen and massage the area for 10 seconds.

6. Call 9-1-1, even if the EpiPen worked and child feels fine.