

Antelope Valley Union High School District

Individualized School Healthcare Plan – Seizures and Epilepsy with Diastat

Student:	DOB:
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School employees with student assignments will recognize the signs of illness and initiate the following health plan.

Nursing Diagnosis:

- Risk for impaired neurological function, chronic, related to altered brain structure, secondary to congenital or acquired abnormality.

Student Health Goals:

- Neurological status will remain stable and without seizures.
- Receives appropriate and adequate intervention during the seizures.
- Participates in school activities, with accommodations, to the fullest extent possible.
- Student will recognize & report awareness of impending seizures.

Signs of illness	Interventions
<ul style="list-style-type: none"> • Momentary lapse of awareness • Blank staring spells • Random repetitive activity (chewing, picking, rubbing) • Abrupt loss of consciousness • Stiffness and jerking or falling • Sleepy and confused (following seizure) <p><i>*Italics are student specific, however, all could pertain</i></p>	<ul style="list-style-type: none"> <input type="checkbox"/> Remain calm and clear the area <input type="checkbox"/> Allow seizure to run its course <input type="checkbox"/> Provide for privacy <input type="checkbox"/> Time the movement of the body <input type="checkbox"/> Guide the student away from dangerous areas or objects <input type="checkbox"/> Keep the airway clear, watch for and maintain normal breathing <input type="checkbox"/> Stay with the student until the seizures stops and the student rests or returns to activity <input type="checkbox"/> <i>Trained staff to Administer Rectal Diastat for any seizure lasting longer than 5 (five) minutes</i> <input type="checkbox"/> <i>Notify parent / guardian</i> <input type="checkbox"/> <i>Observe for four hours after seizure, for change in resting breathing rate, color, or condition</i>

Call 9-1-1 when:

- Unconscious, unresponsive or stops breathing.
- Seizure last more than five (5) minutes after giving Rectal Diastat.
- Unusual change in breathing rate or color.
- Student does not awaken within 5 minutes. ***Report Diastat time & allergies to 911 personnel.***

Schedule	Care Required	Location for Care	Care Given by	Training date
As needed	Emergency care	Student location	All adults with current CPR and first aid	Variable
As needed	Rectal Diastat	Student location	Trained staff	

Date / Copy of ISHP Given

Date: Student	Date: Health Office Technician	Date:
Date: Student's Parents	Date: District Nurse	

Parent Signature _____

Date _____

District Nurse Signature _____

Date _____