

**Antelope Valley Union High School District
Emergency School Healthcare Plan – Seizures**

School employees with student assignments will recognize the signs of illness and initiate the following health plan.

Nursing Diagnosis:

- Risk for impaired neurological function, chronic or acute, related to altered brain structure, secondary to congenital or acquired abnormality.

Student Health Goals:

- Receives appropriate and adequate intervention during the seizure.
- Participates in school activities to the fullest extent possible with accommodations.

Signs of illness	Interventions
<ul style="list-style-type: none"> • Momentary lapse of awareness • Blank staring spells • Random repetitive activity (chewing, picking, rubbing) • Abrupt loss of consciousness • Stiffness and jerking or falling • Sleepy and confused after the seizure 	<ul style="list-style-type: none"> <input type="checkbox"/> Remain calm and clear the area <input type="checkbox"/> Allow seizure to run its course <input type="checkbox"/> Provide for privacy <input type="checkbox"/> Time the movement of the body <input type="checkbox"/> Guide the student away from dangerous areas or objects <input type="checkbox"/> Keep the airway clear, watch for and maintain normal breathing <input type="checkbox"/> Stay with the student until the seizures stops and the student rests or returns to activity <input type="checkbox"/> Report incident to Health Office as soon as possible after it occurs

For a student with a known history of seizures, call 9-1-1 when:

- If pregnant, has diabetes, or has been injured
- If seizure last more than five minutes
- If another seizure starts before the student regains consciousness
- If student does not respond to voices, attempt to open their eyes, or speak within 10 minutes after the seizure stops

For a student with no history of seizures, call 9-1-1- immediately

If the student's seizure history is unknown, contact the Health Office and check the emergency information in SASI. If it is not listed there, call 9-1-1.

Schedule	Care Required	Location for Care	Care Given by
As needed	Any seizure care	Student location	School staff members

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