

**Antelope Valley Union High School District  
Emergency School Healthcare Plan – Respiratory Conditions**

*School employees with student assignments will recognize the signs of illness and initiate the following health plan.*

**Nursing Diagnosis:**

- Risk for ineffective airway clearance, chronic, secondary to asthma or respiratory diseases that prevent adequate and efficient oxygenation.

**Student Health Goals:**

- Receives appropriate and adequate intervention, as needed, to maintain breathing
- Can perform, or be assisted to perform, prevention techniques such as taking medication, drinking fluids, disposing of tissues, and washing hands.
- Maintains adequate movement, independently, or with assistance, to keep airway healthy and clear of secretions.

Signs of illness	Interventions
<ul style="list-style-type: none"> <li>• Unexplained and persistent cough</li> <li>• Complaints of chest tightness</li> <li>• Excessive sighing</li> <li>• Noisy, painful breathing</li> <li>• Restlessness and irritability</li> <li>• Changes in the rate or pattern of breathing</li> <li>• Blue or pale skin, lips, nails</li> <li>• Inability to breathe and speak in full sentences</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Uses “rescue” inhaler (albuterol, proventil and ventolin), as ordered</li> <li><input type="checkbox"/> Describe respiratory rate and effort</li> <li><input type="checkbox"/> Encourage sitting position to maximize lung capacity</li> <li><input type="checkbox"/> Arrange transportation to Health Office with Security cart</li> <li><input type="checkbox"/> Notify the parent / guardian</li> <li><input type="checkbox"/> Provide emergency care, rescue breathing / CPR</li> </ul>

**Call 9-1-1 when:**

- When the student is having continued signs of low blood oxygen, the medication is not available at school or immediately available for the parent to bring, call 9-1-1
- Student has noisy or painful breathing, unrelieved by medication or rest after 15 minutes or anytime with a respiratory rate less than 10 or over 30 breaths per minutes
- Breathing that stops
- Student has decreased alertness or increased confusion with or without medication that is progressing to decreased level of consciousness

Schedule	Care Required	Location for Care	Care Given by
As needed	Any respiratory care	Student location	Student and school staff members

**Revised 2008**